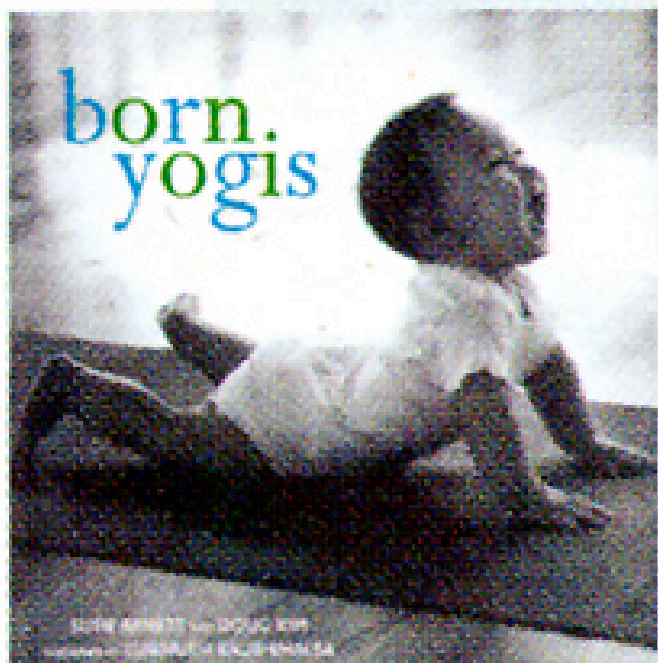


GAGA GURUS If only all the yoga-inspired books sold at



checkouts to tempt aunts to buy presents for yogini nieces could be as satisfying as this. *Born Yogis*, by Susie Arnett and Doug Kim (Rodale),

is rich with meaningful quotes from ancient texts and great yogis. "Sow love, reap peace ... sow meditation, reap wisdom," Swami Sivananda says.

This book also features some of the cutest baby pictures ever. At once playful and contemplative, the images reflect the depth of spirit and amazing flexibility that babies possess. Eka Pada Sirsasana, anyone? It's a piece of cake for 22-month-old Kelly, whose moment of grace has been captured for all time.